The Keynote Address

**The Fusion, Intrusion and Diffusion in the Embodied Encounter**

Eva Boorsma and Brigid Wells

Let’s enquire around embodied 'Fusion':  connection between brain and body… me and other.

Match, mirror, join… fuse... where do I end and you begin? We sway in the same dream-space... Sensing the illusions of separateness... of togetherness...

And what about the stage of con-fusion, where the me, you, past, present and future meet or un-meet? Something is out... off... missing, I don’t understand. Our heartbeat accelerates, our lungs send more oxygen to our muscles, our face hardens.  A tension arises, a mismatch has occurred, different directions are taken and different perspectives are owned.

Let’s separate, distinguish: this is body and that is mind. The body resigns the energy… does the mind collapse?  To split. That is you, not me. That was then, not now. That is not my present truth. To distance. To fly away. Diffusion...

Lost… Loss… Can we transform... fuse again? Restore and repair? Or…

Floating, wandering, disconnected from the body, from the mind, from the other... Longing to be connected again, to fuse... one day. Let's play.

*Eva works as a drama therapist, connecting people with ASD~, a'tachment disorders and traumia, to their bodies and to others. She plays the role of co-director of Dvt North, The Netherlands. She loves clouds but practices to be grounded as well. Explorations within DvT -(helped by sensory integration) how life effects the body and the body effects life.*

*Brigid is the co-founder and Clinical Director of a UK-based therapy, consultation, supervision and training service. She co/facilitates DvT training in Manchester, Hong Kong, Gibraltar, Netherlands and China. She works with adoption, fostering, group homes, complex PTSD & developmental trauma. She sways with DvT to (sensitively) interrupt the patterns of disconnection and improve reconnection with hips and lips.*